

# Daily Reflections for Teachers

Did I smile often at the children and my co-workers today?

Did I show love and understanding to the children in my care?

Did I use a kind, gentle voice when speaking to the children and parents?

Did I set clear boundaries and natural consequences in my classroom?

Did I respond rationally or emotionally to a difficult situation?

Did I work with joy and excellence today?

Did I talk or listen more?

Was I prepared for my lessons today?

Were my actions calm and graceful in the classroom?

Did I challenge the children with new lessons and seize teachable moments?

Did I encourage the children to ask questions and consult with each other?

Did I empower and trust the children to help themselves and others?

Did I actively listen when a child had a problem and see it from his perspective?

Did I criticize or scold a child? If so, what could I do next time?

Did I occasionally give the children acceptable choices instead of telling them what to do?

Did I model the virtues I want the children in my care to develop?

Did I see each child as 'a mine rich in gems of inestimable value'?

Did I see the good qualities in my co-workers today?